



# ourplace

The alliance of  
**the Open Door and the Upper Room**  
919 Pandora Ave., Victoria, B.C. V8V 3P4

# Volunteer's Newsletter

#5 - June 26, 2006 Bruce More - Editor

Our E-mail address: [volunteerourplace@shaw.ca](mailto:volunteerourplace@shaw.ca)

## Training & educating the volunteer.

Ourplace recognizes its responsibility to ensure the safety and the well-being of the volunteer. To have an informed and comfortable volunteer will only enhance the service available to the family member in need. The training event on August 18 is a milestone to this end. Cool-Aid medical services will be conducting a workshop specifically targeting the volunteer, giving practical and needed information. A training program is being developed in which fixed dates will be for related workshops; first-aid, verbal self-defence, AIDS 101, mental health issues and so on. Until the training program is complete and functioning, the volunteer coordinator will keep you well informed as to the dates of upcoming training. Thank you for your service!

Bob Frank, Volunteer Coordinator

## Welcome and well done!

To Carol...a new volunteer who has brought with her a team and a program...June 12th saw ourplace hosting the first of a monthly Vveterinary Street Clinic for dogs and cats...what a successful event...more than 25 animals were seen and treated....July 10th is the date for the next clinic and many more of our inner city family are expected to bring their beloved pets. Much needed - lets watch this one grow, folks.



## Volunteer Help Line

Volunteers wishing information about any aspect of their work at ourplace are encouraged to call 385-2454 or 388-7112. Either Bob or a volunteer team leader will be happy to call back and help in whatever way

## The "parts" of ourplace

Ourplace drop in centre - 713 Johnson

- Office
- Coffee Bar
- Outreach workers
- Clothing & toiletries room
- Outreach programme
- Individual assistance:
  - advocacy, referrals, emergency medical aid, transportation to detox, visitations to home, hospital or jail.

Ourplace - 919 Pandora

- Administrative Office
- Soup kitchen 2 meals a day, 6 days a week
- Rooms: 22 short term furnished rooms for men
- Small clothing room & toiletries
- Counselling services

## Safety Corner

NEEDLE stick injury PREVENTION: do not insert your hands into any bag, purse, backpack or bedding. Always dump everything out and inspect carefully with your eyes before touching. Wear gloves and shake each item. Needles found must be handled with care. Do not bend or attempt to re-cap. All syringes, needles and other sharps should be placed in approved puncture resistant containers for disposal. Do not put them in the garbage.

# "Unconditional love given in a non-judgemental way."

## DONATIONS

### We need Towels.

Our space is limited and we can no longer accept all the donations we used to.

(Please, no household items, large or small.)

Clothing- seasonal garments, socks, trousers, shirts, under garments, footwear, belts.

Bedding- blankets, sleeping bags, ground mats.

Toiletries- feminine hygiene products, razors, tooth-brushes, tooth paste, deodorant, brushes & combs  
Knapsacks, Backpacks, small tents.

Non-perishable foods: Canned or other dry packaged foods, coffee.

## Workshops & Courses

Food Safe: July 27 & 28 - 11am to 3pm

- St. John the Divine - Quadra at Fisgard.

Cool - Aid Health Authority Workshop:

August 1 - 9am to 12noon

- First Met United Church - Quadra at Balmoral  
Volunteers MUST register for both training events with Bob the volunteer coordinator.

## Reaching Out...

We need willing and able volunteers to help with the daily bread pick-up. The volunteer must have a vehicle and be physically able to lift large bags of bread. The bread needs to be picked up between 9 & 9:45am from Safeway: Shelbourne at Mackenzie - then delivered to the Johnson St. drop in center.

## Profiles:

**Lyn** Ourplace, Johnson St. - Volunteer

This ball of energy has served on the OD/OP kitchen crew for the last 5 years! Previously she worked at Berwick House for 12 years in reception and marketing. She still plays there for the senior sing-a-longs. About 3 years ago, she saw the need at the OD for our generous donors to be more formally thanked. Her thought was "I can remedy this". So began her reputation as "the thank you card lady". Whenever possible, Lyn makes sure donors are individually written and thanked. We so appreciate your work Lyn-as you bless others so you will be blessed!



This is Donny. He has been a very pleasant volunteer at the Our Place soup kitchen for about 8 years. He came to us through a Garth Homer program. He loves to chop vegetables. His favourite thing about volunteering with us is getting a chocolate doughnut.

## How do I volunteer?

Please call either 385-2454 or 388-7112 and ask for an appointment for volunteering.

## Volunteer Shifts

	7am-10am	10am-1pm	1pm-4pm
		Lunch	Dinner
Mon		none	none
Tues	1-2		none
Wed	2		none
Thurs	2-3		none
Fri	3-4		2-3
Sat	2-3		3-4

Volunteers needed at Ourplace - Pandora

## Welcome to new volunteers:

Jerry, Ruth, Laurie, Levi,  
Yann, Jeff, Dianne, Ginny,  
Cathy, Richard, Linda, Betty,  
Selma, Monica, Penny, Gerald,  
Cameron & Mike

A Volunteer Appreciation Day is being planned for the first week of September. The tentative date is Friday Sept. 1.

**Drop-in centre hours:**  
Mon to Fri 7 am thru 3:00 pm